

Post-Operative Care for Liposuction

At Home After The Procedure:

- Rest with your head elevated on 2 pillows.
- It is normal to be drowsy from the anesthetic. Try to eat no more than a light meal the evening of the procedure. Avoid excessive chewing.
- Swelling, bruising and tightness of the bandages is to be expected.
- Take your medication as directed.
- DO NOT TAKE vitamin E, Aspirin or aspirin like products including Ibuprofen, Advil, Aleve, Nuprin, or Motrin for 3 weeks before and one week after surgery. Please see complete list of medications to avoid, included in your pre-operative packet.
- If there is excessive swelling accompanied by excessive bruising and pain, especially on one side, please contact Dr. Naficy.

Next Day:

The dressing is removed and a looser removable dressing applied. Try to keep the dressing on, except when bathing or eating, for an additional 5 days.

Follow Up Care:

The treated area may be swollen and discolored for 2-3 weeks after the procedure. There may also be some reddening, firmness, or irregularities of the skin. This condition will improve with time. Areas of firmness may be massaged by the fingers starting 1 week after the procedure. Avoid sudden movements of the treated area.

Follow Up Appointments:

- 1 day
- 6-8 days for suture removal

If you have questions or concerns, please contact us (425.450.0880). After office hours, please contact Dr. Naficy on his mobile phone.

Remember... DO NOT TAKE vitamin E, aspirin or aspirin-like products including Ibuprofen, Advil, Aleve, Nuprin, or Motrin for 3 weeks before and one week after surgery.