

Medications/Supplements to Avoid Before your Procedure:

The following is a partial list of some of the medications/supplements that are known to thin the blood and increase the risk of bleeding during or after surgery. Please be aware that many 'over the counter' pain or allergy combinations that are not listed below may include one or more of the following medications and should also be avoided.

Ideally, you should stop taking the following medications **3 weeks** prior to your surgical procedure. Please consult with Dr. Naficy or one of his assistants if you have any questions or if you have been unable to discontinue the use of one or more of these medications.

Remember that Tylenol (acetaminophen) does not thin the blood and is safe to take in that respect.

Medications

Aspirin
Advil
Aleve
Diclofenac
Diflunisal
Empirin
Etodolac
Excedrin
Fenoprofen
Fiorinal
Flurbiprofen
Ibuprofen
Ketoprofen
Ketorolac
Motrin
Naproxen
Percodan
Robaxisal
Soma compound
Sulindac
Tolmetin
Indomethacin

Supplements

Vitamin E (less than 100 IU/day is OK)
Asian Ginseng
Bromelain
Cayenne fruit
Chinese skullcap root
Dan Shen root
Feverfew
Garlic (dietary source is OK)
Ginger rhizome
Ginko biloba
Horse chestnut bark
Papain
Sweet clover plant
Sweet scented bedstraw plant
Sweet vernal grass
Tonka bean seeds
Vanilla leaf leaves
Woodruff plant