

Post-Operative Care for Facial Implant Surgery

At Home After Procedure:

- Elevate the head on at least two pillows for the first few days following the procedure to help minimize any facial swelling.
- Apply ice packs to the face (10 min on, 10 min off) for the first 4-6 hours to reduce swelling. For comfort, you may apply ice packs for up to 24 hours.
- Diet must be limited to soft foods for 48 hours following surgery and limited chewing for the first 2 weeks.
- Take the prescribed antibiotics and pain medication.
- **DO NOT TAKE** vitamin E, aspirin, or aspirin-like products including Ibuprofen, Advil, Nuprin, Aleve, or Motrin for 3 weeks before and one week after surgery. Please see complete list of medications to avoid, included in your pre-operative packet.

Follow-up Care:

It is important to take the entire course of the antibiotics as prescribed. Return visits will be scheduled for you on the day of your procedure. Hair may be washed the day following the procedure. Make-up may be applied one day following the procedure. Sutures will be removed at 1 week. Infections are rare but watch for signs of infection up to 14 days after the procedure.

Signs of Infection:

- Persistent, increasing, or radiating pain
- Unusual bleeding
- Significant redness and swelling
- Fever (temperature elevation above 101 degrees F)
- Blister-like pooling of fluids or pus drainage

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If you have any questions or concerns, please contact us (425.450.0880). After office hours, please contact Dr. Naficy on his mobile phone.